

Physical Education and Wellness Grade 7-9 New Curriculum Committee Work Plan

The following work plan represents the collaborative effort of the Designers of Professional Learning for The Consortium. Together, they are creating professional learning opportunities and resources to support the new curriculum announced by Alberta Education. The specific activities and resources included within the work plan represent the voices of Alberta teachers and system leaders shared with The Consortium staff across Alberta. The work plan builds on the strategies contained in the APLC Strategic Plan for 2025/2026 and aligns with the New Curriculum priority.

Membership

Member	Consotia
John Waterhouse (Chair)	ERLC
Paul Marlett	ERLC
Joey Bourchard	Calgary
TBD	

Meetings

- Meetings are held monthly from September 2025 through June 2026 and are convened virtually via Zoom. Up to two “face-to-face” meetings will be held throughout the year.
- Committee meetings are intended to accomplish the work identified in the APLC Terms of Reference for all New Curriculum Committees.
- The Physical Education and Wellness team members meet with the Collaborative Committee to inform the plan.



Deliverables & Timeline

Deliverable	Descriptor	Timeline
Curriculum Awareness 7-9 Curriculum Tool Kit	<p>Create and present On-Demand Planning and Assessment Video with AB ED on Curriculum Components and Assessment Examples</p> <p>Create, present and post On-Demand Videos on:</p> <ul style="list-style-type: none"> • Components of the New Curriculum and comparison between ABCD and KUSPs (pdf resource and video) • Wellness Video with Links to AB Health (pdf resource and video) • Organizing Ideas Summary and Curriculum Architecture (PDFs and video) • Videos Assessment Templates for tracking students with LO and SP Summaries, Assessment Strategies for reaching all KUPs • How to Integrate Dialogue and Journaling Prompts • Administrator Look Fors (pdf and video) 	Oct 2025 June 2026
Professional Learning Series: Collaborative Communities	Develop and deliver a series of workshops and networking sessions for teachers, administrators, and regional leaders to build capacity and to lead discussions essential for supporting the work being done by the team.	Nov 19, 2025 Jan 21, 2025 March 18, 2026 May 20, 2026
Resource 7-9 Key Skills and Concepts Physical Education and Wellness Curriculum	Develop presentations and resources on Curriculum Planning, Assessment, Resources and Pedagogy including: <ul style="list-style-type: none"> • Year, unit and lesson plans • underlying research summary, extension activities, and assessment examples 	June 2026

	<ul style="list-style-type: none"> • Some OIs will look at a comparative model for how the same unit could be taught across grade levels to accomplish specific KUSPs by grade • Ways to both embed KUSPs into all units and discuss questions. • Record and post these for on demand access • Have resources available on Boards at New Learn Alberta 	
Resource 7-9:	<p>Create, present and post a series of key teaching concepts from the 7-9 Curriculum that are not OI specific:</p> <ul style="list-style-type: none"> • TGFU Introduction, Year planning examples, comparison between traditional approach and TGFU with lesson plans specific to 7-9 KUSPs • Embedding FNMI strategies, tactics, and ways of knowing into all units, specifically the First Nations Tactical unit (with traditional and modifying modern games to build solid scope and sequence) • Engaging Physical Education Series • Journaling and Dialogue Resource • Cares Inclusive Education Framework AND EAL students in your class (universal Non-Verbal Communication 	June 2026
Summer Symposium	Create and present learning opportunities to support teacher capacity in the implementation of the New 7-9 PEW Curriculum at the symposium	June -Aug 2026