

Grade 6 Guiding Question (Learning Outcome)	KUSP Summary								
Motivation can support engagement in AL	1.1 1. Connect daily routines and planned PA with AL goals Examine how training principles can contribute to AL	1.2 2. Recognize influences of motivation on mvmt skill develop. an proficiency in various PA	1.3 3. Describe personal and comm. supports assoc. with motivation and AL	1.4					
2A (Tactics)	2A2	2A3							
5 (Mvmt Skills)	2B1	2B3	2C (Soc / Emot)	2C1	2C2				
Movement patterns function to improve performance	1. Demo how mvmt. patterns are applied across various PA (parallel, perpendicular) ID. ways mvmt patterns are experienced through PA and support skill devel.	2. Adapt mvmt. patterns to improve accuracy, speed, proficiency in variety of controlled and dynamic PA's (increasing complexity of drills)	3. Adapt elements of mvmt to enhance mvmt. patterns. elements of mvmt. visible in rhythmic / expressive PA (dance flooring, back to front, 3x)	3.4 1. Practice conflict resolution skills 2. Discuss how cooperative / competitive relationships can be used to resolve conflict (workset, didn't, different)	3.5 2. Discuss how cooperative / competitive relationships can be used to resolve conflict (workset, didn't, different)	3.6			3.7
Supporting lifelong learning	3.1 1. Relate pers. skills and interests to various life roles (what could you do)	3.2 2. Examine changes in pers. interests. Reflect on pers. skills / interests for continual devel. and growth	3.3 3. Devel. an apply personal strategies to support learning and devel.	3.4 4. Discuss effects of volunteerism on self and comm. Plan for potential volunteer opportunities in school and comm.	3.5 5. ID Experiences in which discipline can have positive effect on well-being	3.6			3.7
Risk influences the outcome of an action	4.1 4.1 cont	4.2 2. Describe consequences from risk taking in various contexts	4.3 3. Recognize risks assoc. with substance use ID positive choices and actions that reduce risks assoc. with substance use	4.4 4. Reflect on pos. / neg. impact of risk taking in variety of contexts					
Access to food affects nutrition	5.1 1. ID factor that affect access to food	5.2 2. Discuss the effects of limited nutrition choices on physical / mental well-being.	5.3 3. Evaluate how access affects nutritional choices in various contexts Compare food cost in variety of contexts						
	6.1	6.2	6.3	6.4					
Healthy relationships support understanding in various social contexts	1. Demo. pos. social behaviours to devel. / maintain healthy relationships	2. Consider ways in which diverse perspectives align or differ ID how consideration of others perspective contribute to empathy	3. Examine the connection between perspective, social / emotional well-being	4. Examine how empathy with diff. perspectives supports healthy relationships					